

ASSOCIATED BRITISH PORTS DE CYMRU ASSOCIATED BRITISH PORTS SOUTH WALES

TEL: +44 (0)870 6096699 www.abports.co.uk

BARRY CARDIFF NEWPORT PORT TALBOT SWANSEA

## IMPORTANT NOTICE FOR ALL PORT USERS – JULY 2013

A defibrillator is located at the following locations for use of all port personnel, tenants and visitors in the event of a suspected heart attack.

CARDIFF collect from Reception QA House or East Gate Security or contact Security on Tel: 02920 835008 0R Mobile: 07734 072190 or alternatively Tel: 0870 6096699.

SWANSEA collect from Main Gate Security (Eastgate) or contact Security on Tel: 01792 463443 0R Mobile: 07718 518663

NEWPORT collect from Main Gate Security (Eastgate) or contact Security on Tel: 01633 204420 0R Mobile: 07734 071874

BARRY collect from Main Gate Security or contact Security on Tel: 01446 736110 0R Mobile: 07703 652139

PORT TALBOT collect from Security Patrol Van or contact Security on Mobile Tel: 07810 806284.

The unit is an easy to use two-step process of visual and voice prompts. The voice is clear and clearly describes the process that a responder needs to take, the electrodes clearly show where they need to be placed, the manufacturer has designed the system for anyone to use whether they have training or not.

Please also telephone 999 and request an ambulance to attend.

The prompt return of the defibrillator after use is vital for the maintenance of a safe port.

Thank you

## Health and Safety Associated British Ports

BARRY PORT OFFICE ATLANTIC WAY BARRY CF63 3US CARDIFF QUEEN ALEXANDRA HOUSE CARGO ROAD CARDIFF CF10 4LY NEWPORT ALEXANDRA DOCK NEWPORT NP20 2UW PORT TALBOT PUCKEY HOUSE PORT TALBOT HARBOUR PORT TALBOT SA13 1RB

SWANSEA HARBOUR OFFICE LOCK HEAD KING'S DOCK SWANSEA SAI 1QR

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FAX: +44 (0)29 2083 5001

FAX: +44 (0)1633 221285

FAX: +44 (0)1639 885172

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